



Digestive

Hepa Plus®



Comprehensive liver-support formula featuring the InCelligence™ Detox-Support Complex

A healthy lifestyle coupled with a supplement such as USANA's Hepa Plus with the unique InCelligence Detox-Support Complex is a great way to maintain healthy liver function and balance the body's natural detoxification processes.

THE BENEFITS OF HEPA PLUS

Your liver performs a number of functions vital to maintaining good health, including filtering virtually everything that goes into your blood stream. Almost every nutrient you put into your mouth—from food, drinks, medications, and supplements—goes through your liver, where it is broken down into a form that can be used by your body or be filtered out and eliminated.

Enhanced with InCelligence cell-signalling technology, Hepa Plus supports healthy liver function in many ways, including supplying the body with nutrients that promote the natural detoxification process as well as endogenous antioxidant activity.

THE SCIENCE OF HEPA PLUS

A key ingredient in Hepa Plus, choline helps the liver metabolize fats and cholesterol and move them out of the liver. Upon entry into the cell, choline is oxidized to become betaine, which plays a role in donating methyl groups necessary for detoxification reactions. The liver uses biotin to support metabolism of macronutrients and the synthesis of glycogen for energy.

In addition to alpha-lipoic acid and n-acetyl l-cysteine, the InCelligence Detox-Support Complex in Hepa Plus also delivers a comprehensive array of phytochemicals, including green-tea extract, milk-thistle extract, broccoli concentrate, and USANA's US patented Olivol™*, olive-fruit extract.

These powerful nutrients target a cell-signalling pathway that supports naturally protective processes within a healthy liver:

- Balancing detoxification reactions by stimulating the production of Phase II detoxification enzymes, including glutathione-S-transferases, these enzymes link with the highly reactive intermediary metabolites generated in the liver during Phase I and convert them into a form that can be excreted from the body.
- Defending against oxidative stress caused by free radicals generated during Phase I by acting as direct antioxidants and also activating the production of the body's endogenous antioxidants, including glutathione, which is most concentrated in the liver.

Taking three tablets of Hepa Plus a day for 28 days can help significantly increase natural glutathione production and overall antioxidant capacity. In fact, the formula is patent pending because of the increase in glutathione, vitamin C antioxidant capacity, and detoxification activity it helps produce within the body.

THE USANA DIFFERENCE

Hepa Plus has two patents pending: one for the formula's effectiveness and a second because it safely combines previously incompatible but equally important nutrients into one bi-layer tablet using USANA's Nutritional Hybrid Technology. This technology enables USANA to manufacture a truly unique, comprehensive liver-support supplement. The InCelligence Detox-Support Complex unlocks the innate intelligence of your body's natural processes to help support the longevity of your liver cells and protect your health from an increasingly toxic world.

*U.S. Patent Nos 6,358,542 and 6,361,803

HYBRID



ITEM #135

RECOMMENDED USE: FOR SUPPORT OF HEALTHY LIVER FUNCTION. / **USAGE RECOMMANDÉ:** POUR FAVORISER LE BON FONCTIONNEMENT DU FOIE.
RECOMMENDED ADULT DOSE: TAKE THREE (3) TABLETS DAILY, PREFERABLY WITH MEALS. KEEP TABLETS IN ORIGINAL CONTAINER WITH THE LID TIGHTLY CLOSED BETWEEN USES. STORE IN A COOL, DRY PLACE. / **DOSE RECOMMANDÉE POUR ADULTES:** PRENDRE TROIS (3) COMPRIMÉS PAR JOUR, DE PRÉFÉRENCE AVEC LES REPAS. CONSERVER LES COMPRIMÉS DANS LEUR CONTENANT ORIGINAL. LE COUVERCLE BIEN FERMÉ ENTRE LES UTILISATIONS. GARDER DANS UN ENDROIT FRAIS ET SEC.
DURATION OF USE: USE FOR A MINIMUM OF THREE (3) WEEKS TO SEE BENEFICIAL EFFECTS. / **DURÉE D'UTILISATION:** POUR CONSTATER DES EFFETS BÉNÉFIQUES, PRENDRE LE PRODUIT PENDANT AU MOINS TROIS (3) SEMAINES.

EACH TABLET CONTAINS:	CHAUQUE COMPRIMÉ CONTIENT :
MEDICINAL INGREDIENTS	INGRÉDIENTS MÉDICINAUX
CHOLINE BITARTRATE	125 mg BITARTRATE DE CHOLINE
MILK THISTLE FRUIT EXTRACT (80% SILYMARIN)	80 mg EXTRAIT DE CHARDON-MARIE (80% SILYMARINE)
N-ACETYL L-CYSTEINE	75 mg N-ACÉTYL L-CYSTEINE
ALPHA-LIPOIC ACID	67 mg ACIDE ALPHA-LIPOÏQUE
BROCCOLI (BRASSICA OLERACEA) FLOWER EXTRACT (20:1, EQUIVALENT TO 500 mg FLOWER)	25 mg BROCCOLI (BRASSICA OLERACEA) EXTRAIT DE FLEUR (20 : 1, EQUIVALENT À 500 mg FLEUR)
GREEN TEA (CAMELLIA SINENSIS) LEAF EXTRACT (15:1, EQUIVALENT TO 225 mg LEAF)	15 mg THE VERT (CAMELLIA SINENSIS) EXTRAIT DE FEUILLE (15 : 1, EQUIVALENT À 225 mg FEUILLE)
OLIVE (OLEA EUROPAEA) FRUIT EXTRACT* (45:1, EQUIVALENT TO 675 mg FRUIT)	15 mg OLIVE (OLEA EUROPAEA) EXTRAIT DE FRUIT* (45 : 1, EQUIVALENT À 675 mg FRUIT)
TURMERIC (CURCUMA LONGA) ROOT EXTRACT (50:1, EQUIVALENT TO 750 mg ROOT)	15 mg CURCUMA (CURCUMA LONGA) EXTRAIT DE RACINE (50 : 1, EQUIVALENT À 750 mg RACINE)
BIOTIN	75 µg BIOTINE

NON-MEDICINAL INGREDIENTS: MICROCRYSTALLINE CELLULOSE, ASCORBYL PALMITATE, PREGELATINIZED STARCH, SILICON DIOXIDE, HYDROXYPROPYL CELLULOSE, CROSCARMELLLOSE SODIUM, DEXTRANS, VANILLA EXTRACT, DEXTROSE, SOY LECITHIN, CARBOXYMETHYLCELLULOSE SODIUM, SODIUM CITRATE. / **INGRÉDIENTS NON MÉDICINAUX:** CELLULOSE MICROCRYSTALLINE, PALMITATE D'ASCORBYLE, AMIDON PRÉGÉLATINISÉ, DIOXYDE DE SILICUM, HYDROXYPROPYLCELLULOSE, CROSCARMELLLOSE SODIQUE, DEXTROSE, EXTRAIT DE VANILLE, DEXTROSE, LÉCITHINE DE SOJA, CARBOXYMÉTHYLCELLULOSE SODIQUE, CITRATE DE SODIUM.

*USANA OLIVOL™ PROTECTED UNDER US PATENT 6,358,542 OR 6,361,803 / *OLIVOL™ D'USANA, MARQUE PROTÉGÉE EN VERTU DES BREVETS AMÉRICAINS 6,358,542 OU 6,361,803.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF YOU ARE PREGNANT OR BREAST-FEEDING. CONSULT YOUR PHYSICIAN PRIOR TO USE IF YOU HAVE A HISTORY OF GALLSTONES, BILIARY TRACT OBSTRUCTIONS AND/OR STOMACH ULCERS, IMPAIRED LIVER FUNCTION, OR IF YOU ARE TAKING BLOOD THINNERS. CONSULT YOUR PHYSICIAN IF YOU EXPERIENCE PERSISTENT DIARRHEA. HYPERSENSITIVITY/ALLERGY IS KNOWN TO OCCUR, IN WHICH CASE, DISCONTINUE USE. / GARDER HORS DE LA PORTEE DES ENFANTS. NE PAS UTILISER SI VOUS ÊTES ENCEINTE OU SI VOUS ALIMENTEZ AVANT D'UTILISER CE PRODUIT, CONSULTEZ VOTRE MÉDECIN SI VOUS AVEZ DES ANTÉCÉDENTS DE CALCULS BILIAIRES, D'OBSTRUCTION DES VOIES BILIAIRES, D'ULCÈRE D'ESTOMAC, DE DÉTÉRIORATION DE LA FONCTION HÉPATIQUE, OU SI VOUS PRENEZ UN ANTICOAGULANT. CONSULTEZ AUSSI VOTRE MÉDECIN EN CAS DE DIARRHÉE PERSISTANTE. CÉSSEZ D'UTILISER LE PRODUIT EN CAS D'HYPERSENSIBILITÉ OU D'ALLERGIE.

LABORATORY TESTED. QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE. / TESTÉ EN LABORATOIRE. QUALITÉ GARANTIE, CONFORME AUX NORMES USP EN MATIÈRE DE PUISSANCE, D'HOMOGÉNÉITÉ ET DE DÉSINTÉGRATION, LE CAS ÉCHÉANT.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING. / CE FLACON EST SOUILLÉ. N'UTILISEZ PAS LE CONTENU SI LA FERMETURE DE SÉCURITÉ EST ENDOMMAGÉE OU ABSENTE.

USANA HEALTH SCIENCES, INC. SALT LAKE CITY, UTAH 84120

DISTRIBUTED BY: / DISTRIBUÉ PAR: USANA CANADA COMPANY

80 INNOVATION DRIVE, WOODBINE, ONTARIO L4H 0T2

STORE BELOW 25 °C / CONSERVER À UNE TEMPÉRATURE INFÉRIEURE À 25 °C

References

- Gazak R, Walterova D, Kren V, Silybin and Silymarin - New and Emerging Applications in Medicine. 2007. Current Medicinal Chemistry 14(3):315-38.
- Jiao HL, Ye P, Zhao BL. Protective effects of green tea polyphenols on human HepG2 cells against oxidative damage of fenofibrate. 2003. Free Radic Biol Med 35(9):1121-8.
- Kall MA, Vang O, Clausen J. Effects of dietary broccoli on human in vivo drug metabolizing enzymes: evaluation of caffeine, oestrone and chlorzoxazone metabolism. 1996. Carcinogenesis 17(4):793-9.
- Manna C, Galletti P, Cucciolla V, Montedoro G, Zappia V. Olive oil hydroxytyrosol protects human erythrocytes against oxidative damages. 1999. J Nutr Biochem 10(3):159-65.
- Manna SK, Mukhopadhyay A, Van NT, Aggarwal BB. Silymarin suppresses TNF-induced activation of NF-kappa B, c-Jun N-terminal kinase, and apoptosis. 1999. J Immunol 163(12):6800-9.
- Wellington K, Jarvis B. Silymarin: a review of its clinical properties in the management of hepatic disorders. 2001. BioDrugs 15(7):465-89.
- Cho E, Zeisel SH, Jacques P, Selhub J, Dougherty L, Colditz GA, Willett WC. Dietary choline and betaine assessed by food-frequency questionnaire in relation to plasma total homocysteine concentration in the Framingham Offspring Study. 2006. AJCN 83(4):905-11.

Digestion/Detox

LB 000408